

Senior Adults

Adult Day Care / Support Center – Senior Centers

Community-based programs that provide non-medical care to meet the needs of adults with disabilities; a variety of social, psychosocial, and related support services in a protective setting, necessary to reach a therapeutic goal.

Housing Assistance

May include provision of physical adaptations and assistive devices, Senior Housing, assisted Living, nursing home care.

Chore and Personal Care Assistance

Services are provided by individuals to elderly persons who need outside help to maintain independent living. Chore is for purposes of household support and applies to the performance of household tasks rather than to the care of the client. Personal Care provides assistance to maintain bodily hygiene, personal safety, and activities of daily living.

Protective Supervision

Insures provision of supervision to persons in their own homes who are very frail or otherwise may suffer a medical emergency. Such supervision does not require medical skills and can be performed by an individual trained to identify the onset of a medical crisis and able to summon aid in the event of an emergency.

Care Management

Assists clients in gaining access to needed waiver and other local services regardless of the funding source. Care managers are responsible for ongoing monitoring of the provision of services included in the client's plan of care. Additionally, care managers initiate and oversee the process of assessment and reassessment of a client's level of care and the monthly review of plans of care.

Respite

Includes the supervision and care of a client while the family or other individuals who normally provide full-time care take short-term relief or respite which allows them to continue as caretakers.

Doctor Care

Nurse Practitioners, Physician Assistants and Physicians, specializing in geriatric and adult medicine, visit geriatric clients in home.

Transportation

Provides access to the community (e.g., non-emergency medical transportation to health and social service providers) and special events for clients who do not have means for transportation.

Meal Services

Includes meals served in congregate settings or meals delivered to clients who are homebound, unable to prepare their own meals and have no caretaker at home to prepare meals for them.

Social Services

Includes social reassurance / friendly visiting, individual or group counseling, and money management.

IDD Adults

Residential services and supports for adults who live in:

Intensive support residences - these are homes where one or two adults with a developmental disability live and get fulltime services and supports from an agency.

Supported group living residences - these are homes where three or more adults with a developmental disability live and get services and supports from an agency.

Care Provider Residences - this is where one or more adults with a developmental disability live with a family that is not their own. They get care and support from the Care Provider. The Care Provider is paid by an agency for the support they provide.

Supported independent living residences - this is where one or more adults with a developmental disability live on their own (they may share an apartment together, for example) and get some help from an agency.

Activities of daily living services and supports to help people with:

making meals

getting dressed

personal hygiene (like bathing, brushing teeth and using the toilet)

taking their medication.

This also includes support for training to help people with life skills like:

- managing money

- managing money

- banking

- using the bus, cabs and the subway.

Community participation services and supports to help with:

- social and recreational activities (like using community center programs or joining a local club)

- work activities

- volunteer activities

- other services and supports.

Caregiver respite services and supports to help:

- the main family members or special friends who care for the adult with a developmental disability get some rest and support.

Professional and specialized services provided by a:

- psychologist

- social worker

- speech language pathologist

- other professionals.

Person-directed planning services and supports to help adults with a developmental disability:

- identify their life dreams and goals

- find and use services and supports in their lives to make their plan happen.

[Disability.gov](https://www.Disability.gov)

[Alz.org/greaterdallas](https://www.Alz.org/greaterdallas)

[Arcdallas.org](https://www.Arcdallas.org)

[Theseniorsource.org](https://www.Theseniorsource.org)

[Metrocareservices.org](https://www.Metrocareservices.org)